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Compass is Proudly
Sponsored by.....



Dear Families,

Welcome back to Term 4, a time to anticipate growth, opportunities and welcome the kaleidoscopic colours of 'change'. This will be a term of exploration into new areas and your centre managers will be communicating any exciting changes that your son/daughter may expect.

Familiar trainers moving centres are Rose and Lisa W - from Palmwoods to Caloundra and Sensei Emma - from Caloundra to Palmwoods. Carla will be taking her culinary skills from Caloundra to set up the Harvest Kitchen on the Farm and Kay and Natalie will be sharing the joys of the Palmwoods village shop, Wabi Sabi.

Our 'much missed' Ross is returning to the fold at Palmwoods and we have rolled out the red carpet for our newest member of the training team, Kim at Caloundra.

We sadly farewelled Caloundra's Team Manager Sharon at the end of last term, who 'left the building' staggering under a garden of bouquets and good wishes presented by trainees, staff and families. Our 'Mr Fixit' Rob, gallant as always, has stepped in as Acting Team Manager while simultaneously driving the Social Enterprises in Caloundra. Watch this space too for Rose and Michelle's creative projects.

Flexibility and fun will be the words for October. Where we begin in these ventures may not be where we finish – but then, that is the essence of Compass.

Kind regards

Sally Ryhanen
(Acting Service Manager)



compass
INSTITUTE INC.

*2013 Gala Dinner
&
Awards Night*

Saturday 23rd November
5:30pm - 11pm
Crowne Plaza,
Pelican Waters

3 course meal,
entertainment
and special guests!

(Theme - Hollywood)

Please contact chanao@compassinc.org.au for more information.

HOLLYWOOD

Proudly supported by...

Heritage Bank

MasR events

CROWNE PLAZA
PELICAN WATERS
GOLF RESORT & SPA

Date Claimers

Monday 7th October 2013

Labour Day

Saturday 23rd November 2013

★ AWARDS NIGHT ★

25th – 29th November 2013

Craft/Market Week

Thursday 5th December 2013

CHRISTMAS MARKET DAY

Thursday 12th December 2013

CET Break Up Day

Wednesday 25th December 2013

CHRISTMAS DAY

2013 Heritage Bank Charity Golf Day

& Sportsman's Lunch

Hole in One Prizes
Win a new Car & \$5,000 Cash

Friday 11th October
4 Person Ambrosia
7am Registration
8am Shotgun Start



Bookings by Friday 4th October
Ph/Fax: 5457 3716
bookings@compassinc.org.au
www.compassinc.org.au

Hole Sponsor \$990
18 holes of Golf inc Cart
Breakfast & on-course drinks
On-course Banner & Promotion
Great prizes to be won
2 course sit down Lunch & drinks
4 x attendees to the charity auction & presentations

Team \$880
16 holes of Golf inc Cart
Breakfast & on-course drinks
Great prizes to be won
2 course sit down Lunch & drinks
4 x attendees to the charity auction & presentations

Join MC Ashley Robinson for a great day of golf, lunch, drinks, prizes... and raise money for a local charity that makes a real difference...

All proceeds to...



Real futures for young Queenslanders with a disability



Continuous Improvement Plan

At Compass we are committed to ongoing service improvement. If you have a suggestion about how we can improve our service, please write your suggestion on one of our **Service Improvement Suggestion Forms**

available from the office, our centres or our website: www.compassinc.org.au and we will consider every idea.

Advocacy

Remember that you are able to bring along an advocate or support person to any meeting that you have with Compass.

An advocate is someone who is there to support you or represent you and your interests in circumstances where you feel that this additional support is required.

Please ask us if you need more information or assistance with organising for an advocate.

COMPASS CALENDAR

Need to check dates for the holidays or a special event?

Our Annual Planner Calendar is available 24/7 at

www.compassinc.org.au



Harvest Kitchen

- Large fridge or 2 medium fridges
- Mix master
- High powered blender
- Electric juicer
- Hand juicers (2)
- Cutlery
- Cutlery tray
- Food scrapers (4)
- Funnels – variety of sizes (4 in total)
- Storage containers (time to clean out the Tupperware draw :))
- Crockery – plates, bowls, cups, saucers
- Can openers (4)



Wabi-Sabi

old, earthy, recycled, antique type feel
Medium sized fridge

- Crockery – plates, bowls, cups, saucers
- Easels – various sizes (3) for trainees to do art on
- Art pencils, crayons
- Butchers paper and canvases
- Electric jug
- Tea chests / Timber chests
- Cutlery
- Blue fishing net / buoys for wall decoration
- Tiered external pot stands (to display herbs & plants)
- Portable marquee to shade the outside area (all outside items need to be put away at end of the day)
- Small outdoor setting, preferably with folding chairs



gympiecommunitygardens

Community owned and grown.

Compass Gympie is now a member of the Gympie Community Garden Association. Located at the Cooina Aged Care Facility the established community garden is a quick drive from the Compass Centre.

The team at Compass have already planted a plot with vegetables and have enjoyed working alongside Grahame and the other Volunteers. The site has an orchard, many plots and beds, sheds, shaded potting table and a covered pizza oven for entertaining.

Set in a peaceful bushland gully it is the perfect place to pursue Compass's mission to give trainees a healthy productive task and access different community groups.



8 Trainees from Caloundra have become a welcome part of the pelican waters Coles staff.

Facing shelves, tidying and stacking each week in there vocational training sessions.

Many thanks to the amazing management and staff of Coles

Thank You!