

Dear Compass Families and Friends

November is a really fun month for us, but also one of our busiest.

We are participating in **November** again to help raise funds for men's health. Please grow your mo ... Or support someone who is.

Last month we celebrated **Pinktober** with special events for the ladies at Palmwoods and Caloundra.

We have the **Awards Night** coming up on 24th November. This is always a wonderful event and a fantastic opportunity to acknowledge and celebrate everyone's hard work and achievements throughout the year. We have some very special guests again this year. The theme this year is **Queensland ...** So really let your imagination run wild ... Order your tickets as soon as possible to avoid disappointment. And I'll see you there!

We have our **Christmas Market** coming up on 6 December. This is always a fantastic event and coincides with our International Day For People With A Disability celebration. At the Market we will be selling all of the market products that our trainees have made throughout the year as well as some produce from the farm. Anyone who is familiar with our markets can attest to the extremely high quality of the products. Mark this day in your diary and we hope to see you there. Also, we have some opportunities for **outside stallholders**, so if you know of anyone who might like to hold a stall at the market, please contact Corinne to discuss this with her.

Over the past few weeks we have hosted all of the first year Occupational Students from the **USC** as part of their introduction to their course. Their visits help them gain an understanding of all the great things that people with disabilities **CAN do**. Some are lucky enough to come back in second, third and fourth years for long term placements. I would also like to say thanks to third year students, Alice and Siobhan, who are with us for a seven week placement for the great work they are doing. We also have Elisha from **TAFE** doing a placement at Palmwoods with us which has been really great.

Have a great month ... See you at the Awards Night and Market. Norm



Date Claimers

Saturday 24 November 2012	Awards Night
Thursday 6 December 2012	Christmas Markets
Tuesday 11th December 2012	2 day Program Break up
Thursday 13th December 2012	CET Program Break up
Tuesday 25th December 2012	Christmas Day
Wednesday 26th December 2012	Boxing Day
Monday 14 January 2013	Compass recommences for 2013

Retired Nursery Person Needed!

Compass Farm requires assistance from a retired person with Nursery experience to help produce a range of seedlings and plants for use on the Farm.

The person would work alongside young people with a disability. If you have some time to spare and would like to be involved, please call David on 5457 3716.

Thank you

Position Vacant: Farm Hand

This is a part-time position (hours to be negotiated) for a young person with a strong farming background to work on the Compass Farm in Hunchy. It may involve some weekend work.

The successful applicant will be trained by the Farm Manager who has very significant horticultural and farming experience.

Written applications to:
The Farm Manager
PO Box 585 Palmwoods Q 4555





Have you seen these?

RoadID is a personal identification tag used to ID you.

You can use it while doing any number of activities. It a great idea should anything happen to you.

It's that peace of mind that you are identifiable should anything happen.

You can design these any way you like with as much or as little information as possible.

It is worth considering.

To see the full range go to <http://www.roadid.com/>



With many achievements to celebrate, Compass Caloundra rocked on break-up day in September.

Trainees skillfully transformed themselves into a fascinating array of personalities, from jesters to rap stars. They danced, performed air guitar routines and then refueled by sizzling sausages and a fruit platter, competed hard in sporting activities outside on the oval.

'Counting Rob's Potatoes' was also a competitive highlight. Trainees, who successfully guessed the number of struggling spuds dug out of the earth, were awarded a prize. Everyone was delighted to take home a Rob's Special Spud.

Finally Coldplay and Rhiannah entertained the group in the Paralympics' Closing Ceremony. Staff and trainees were inspired by the amazing performances of the physically impaired athletes, dancers and musicians. A magical end to the day.

Caloundra Celebrates

Welcome Baby Chloe

Born on October 19th
weighing
6lb 14ozs

Chloe is the newest member of the Stevens family.

it's a girl



Continuous Improvement Plan

At Compass we are committed to ongoing service improvement. If you have a suggestion about how we can improve our service, please write your suggestion on one of our **Service Improvement Suggestion Forms** available from the office, our centres or our website: www.compassinc.org.au and we will consider every idea.

Advocacy

Remember that you are able to bring along an advocate or support person to any meeting that you have with us. An advocate is someone who is there to support you or represent you and your interests in circumstances where you feel that this additional support is required. Please ask us if you need more information or assistance with organising for an advocate.

Talking To Us About Your Concerns

We are always happy to discuss with you any concerns you may have - no matter how large or small. If it is a concern to you then we need to do something about it if we can. Please discuss any minor concerns with your key worker and refer any more serious matters to Norm who will be able to help.

COMPASS CALENDAR

Need to check dates for the holidays or a special event? Our Annual Planner Calendar is available 24/7 at www.compassinc.org.au

Christmas Market



Compass Caloundra
Central Park Rd
ARTHUR ST,
CALOUNDRA

(Opposite the John Wallace Swim School)

Thursday
6th December,
10am-2pm

Choose from a range of handmade gifts at fantastic prices... enjoy live music, great coffee and delicious food—all the while, you will be supporting young men and women with a disability.



Support people with a disability while enjoying a great day out!

Compass Education and Training Service
www.compassinc.org.au or (07) 5445 9116

Proudly supported by



Coles at Pelican Waters recently rewarded their best clients with an afternoon tea. Three Caloundra trainees and their trainer Rob were delighted to be included and enjoyed a feast of cakes, biscuits and fruit.

Coles Store Manager Andrew and the Caloundra Team have worked closely together for several months building on a long term and generous relationship between Compass and Coles. Sarah, Anthony and Matt enjoyed mingling with a large group of Coles employees and invited guests.

High
Tea
at
Coles

On Monday 29 October the "Palmwoods and Farm Girls" showed their support for *Pinktober*.

We all painted our fingernails pink. Some of us had a facial. We prepared an afternoon tea with pink lamingtons, pink cupcakes, watermelon, strawberries and more. Some of our Mums came.

And best of all we raised \$65 for the Cindy Mackenzie Breast Cancer Foundation.

We had a great day!!

By Sophia, Michaela and Annelise



Think...

Laughter

Survivor!

Joy

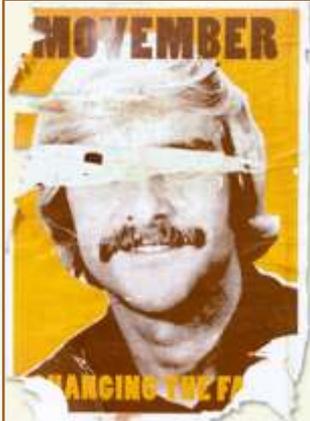
Courage

Gratitude

Kindness

Winning Attitude!

Persistence



MOVEMBER

The aim of Movember is to change attitudes towards men's health while making it fun by putting the Mo back on the face of fashion and in the process raising some funds for key male health issues!

Join our **'Compass Boyz'** Team

OUR TEAM IS REGISTERED ON-LINE AND READY TO GO!!

Lets get behind them and throw some money on there sponsorship pages.

To make it more fun and keep you pumped along the way, you (and your family and friends) can go onto the Movember web-site and see our team progress. People can donate to you (or the team) directly through the web-site as well AND send you messages of support.

Ask us for more information about how you can email sponsorship invitations to your family and friends

Find us here and show your support: <http://au.movember.com/team/577025>

From David's Desk



Dear families and friends,

Over one hundred people had a great night of entertainment and fun at our 2nd Gala Race Night at the Sunshine Coast Turf Club on Friday. The night raised approximately \$4,000 for Compass Caloundra to help with the renovations there. A massive thank you to the sponsors – CSR Bricks & Roofing, Coast Life Homes, Beerwah Post Office, Holcim, Henzells RSL Caloundra Foundation, Chaps Menswear and Centrepont Apartments - **and all the attendees. It just can't happen** without their support. My personal thanks go also to Darcy Tyrell who really got out there and helped us attract sponsors and attendees as well as to Mick, Rachel and Graham from the Turf Club for their assistance in managing the event. It is an absolutely action packed night and everyone I spoke to said how much they enjoyed themselves – good food, a few drinks, **plenty of colour and action... and great company. I hope to see more of the Compass family supporting these events in** future because of course the money comes straight back to the young people through improved facilities and greater resources. I have to mention Sophia Summers from the Palmwoods centre who helped raise nearly \$900 with the raffle and donations this year.

The next (and last) big night for the year is The Compass Awards Night on Saturday 24th November at Crowne Plaza, Pelican Waters. We welcome the sponsorship of Heritage Palmwoods Branch for this event and as a result of their generosity we are able to meet \$20 of the cost of the night for all the young people meaning they only pay \$25 for the evening. Crowne Plaza has again offered Compass the Gala Ball Room at no cost so this means family and friends pay only \$45 per head for a three course dinner, dancing and entertainment with Chad Shuttleworth AND the opportunity to talk **with our special guest for the evening... one of Queensland's favourite sons - Mr Mal Meninga!** It is really amazing value and of course includes the Awards Ceremony for all trainees.

This year's event will be a really special night because it is also the celebration of the 10th Anniversary of Compass. In February 2003 we opened the doors of the service for the first time, welcoming three young men who had all attended High School together and were (and still are) great friends. I have had the pleasure of watching them grow into wonderful men and I'm very proud of their achievements. I've also really valued the opportunity to develop firm and lasting friendships with their parents during that time. While we have added another 60 plus young people and families to that first small group, I still just feel that we are all very much part of an extended family that provides support and inspiration to each other. That family has come to include some wonderful staff members also, many of whom have been with Compass for more than half its life. The Awards Night will also recognise their contributions. 2013 will see Compass welcome families and young people in Gympie to our circle – another milestone.

The theme for the Awards Night is Queensland – Beach & Bush and I hope you can join in the fun by dressing to suit the theme. See you there!

Congratulations David



Sensei David with Sensei Thamy of Shudokan Malaysia who awarded Sensei David his 6th Dan

David



2012 Race Night Fundraiser
Thank you to all supporters and race goers for a successful evening.